



NORTH CLACKAMAS CHRISTIAN SCHOOL

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INHERENT RISKS AND PARTICIPATION AGREEMENT FOR ALL NCCS SPORTS PROGRAMS

NOTE: The athlete and **both** (if living) of his/her parents or legal guardians must sign this form before any athlete may participate in interscholastic sport practices, programs or games. If one parent or guardian is deceased, please indicate so on the appropriate line.

Soccer, Volleyball, Basketball, Track & Field, and Cheer are exciting activities that often involve forceful contact with the playing surface, its surroundings, equipment, and/or another player, official, or spectator. Some activities occur during hot, humid weather and the practice and/or playing venue may or may not be air conditioned. Because of these conditions which are inherent to these activities participating in them exposes an athlete/participant to many potential risks of injury including, but are not limited to, death; paralysis due to serious neck and/or back injuries; brain damage; damage to internal organs; serious injuries to the bones, ligaments, joints, and/or tendons; and general deterioration of health. Such injuries may produce not only temporary loss of function but also serious impairment of future physical, psychological, and/or social abilities, including the ability to earn a living.

In an effort to make the activities/sports programs at NCCS as safe as possible the coaching staff will instruct players/participants concerning the rules of each activity and the correct mechanics of the skills needed to safely participate in that activity. It is vital that participants/athletes follow the coach's skill instructions, training rules, and team policies to decrease the possibility of serious injury. Team rules and policies are listed in the coach's expectations, which you will receive a copy of and which will be reiterated during the pre-season Parents and Participants' Orientation Meeting. Further, the school requires of all coaches that they be trained in first aid and CPR on an annual basis. We have read the information above concerning the risks of playing/participating in the sports activity program. We understand and assume all risks associated with trying out, practicing, or playing/participating in any of the activity/sports programs. We further agree to hold harmless the North Clackamas Christian School and its employees, representatives, coaches, volunteers, and agents in any and all liability actions, claims, or additional legal action in connection with participation in any activities related to participation on the North Clackamas Christian high school activities and/or sports team(s).

In signing this form, we assume the inherent risks of sports and activities and waive legal action by our heirs, estate, executor, administrator, assignees, family members, and ourselves.

Our signatures also indicate that we have read, understand, and agree to all of the coach's expectations. We further understand that the items below are conditions of participation in NCCS activities and/or sports teams and that no athlete/participant may begin to practice until all of the following have been fulfilled:

1. The athlete/participant meets both the NCCS and the OSAA attendance requirements.
2. Pay the appropriate sport/activity participation fee(s).
3. Complete and file with the NCCS office an Emergency Medical Authorization & Permission To Participate form.
4. Deliver a current Sport/Participation Physical form to the NCCS Office.

Mother's/Guardian's Signature Date

Father's/Guardian's Signature Date

Participant's/Athlete's Signature Date