

North Clackamas Christian School

Junior High Volleyball Expectations - 2019

Coach Jeff Gault

1. Be on time to every practice and notify your coaches if you can't make practice or you're going to be late.
2. Bring a positive attitude to every practice.
3. Come to every practice expecting to improve.
4. Always be an encourager.
5. Respect officials, coaches, and players.
6. Give 100% at every practice or game.
7. Keep your grades up.
8. Communicate with coaches about: expectations, problems, and injuries.
9. Smile and have fun.

Athlete: _____

Parent(s): _____
